



brevard **achievement** center

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## HABILITATION PROGRAMS

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### **ADULT DAY TRAINING**

The goal of this program is to provide sheltered work, work skills instructions and functional classes to assist you in meeting your personal goals. The Adult Day Training (ADT) program is offered in Rockledge, Monday – Friday from 9:00-3:15. You may choose to participate in the program from two – five days per week. Your Habilitation Coordinator will work with you to come up with a class and work schedule. Some of the classes offered are money, computers, decision making, nutrition, arts, and volunteering. Types of work that you may find yourself doing include assembly and mail fulfillment. You may also choose to work in the kitchen, busing tables, washing dishes, taking out trash, etc. Because the Center is covered by a sub-minimum wage certificate from the U.S. Department of Labor, you will be paid for your work by piece rates. On some jobs, like helping in the warehouse or kitchen, you will be paid hourly. Opportunities to change classes occur periodically.

While in the ADT program, you will be working with several staff members. Your Habilitation Coordinator will help you choose the classes you need to meet your goals. They will help you with any concerns, refer you to other agencies if needed and keep your funding Counselor informed of your progress. Your Production Supervisor will teach you how to do the work in your work bay and how to have good work habits. Your classroom teachers will teach you about many different subjects.

Since you can attend the ADT program extended periods of time, you will receive paid time off and holiday benefits. There is another fact sheet that spells out all the benefits, pay schedule, etc. When you become a client in the ADT Program, your Program Manager will go over all these benefits with you.

### **WORK GROUPS**

The goal of the work group program is to provide staff-supervised employment to a group of clients working at a certain place in the community. This program is offered through the Rockledge location. You may work from one – three days per week, Monday – Friday, from approximately 10:00 – 2:00. Your Habilitation Coordinator will work with you to determine which work group site is right for you. They will help you decide if the job is a good match to your skills and interests. If it is, they will help you with the paperwork and the drug screening test that is necessary.

Your Habilitation Coordinator will assist you in meeting the Work Group Supervisor. It is the Work Group Supervisor who will provide you on-going training and support to assist you in learning the needed job skills and in learning appropriate social and work behaviors. The Habilitation Coordinator, the Work Group Supervisor and you will work together to decide your goals. As with the ADT program, your Habilitation Coordinator will help you with any concerns, refer you to other agencies, if needed, and keep your funding Counselor informed of your progress.

When you work in the work group you will either be paid piece rate or an hourly wage, depending on the job and where you work. Just like in the ADT program, you will receive paid benefits that your Habilitation Coordinator will go over with you.

### **SUPPORTED LIVING**

The goal of the Supported Living Program is to provide help in locating and moving into a home of your choice, and to provide the help needed to live there independently. Your Independent Living Coordinator (ILC) will discuss with you the risks of living independently and other choices you have instead of the Supported Living Program. When you are trying to decide where to live, if you do not already have a place, your ILC will help you make the choice based on money, transportation available, safety issues, etc. If you wish, your ILC can help you meet potential roommates. If your

roommate is not a BAC client, law enforcement and abuse registry checks will be made.

Once you have found a place to live, your ILC will help with setting up utilities, deposits, and the move into your new home. You will be making all the choices on how to decorate and furnish your new home. You and the ILC will decide which goals you need to work on to learn the skills needed to live independently. You may, for example, learn about budgeting, meal planning, shopping, and hygiene. Staff will assist you with seeing doctors and with helping you find activities to do in your free time. Your ILC will usually meet with you one – two times per week, Monday – Friday, between the hours of 8:00-4:30. However, your ILC is available 24 hours a day, 7 days a week for emergencies.

### **ALL HABILITATION PROGRAMS**

Generally, Habilitation Program Services are long-term and on-going. Changes in funding or your ability to meet the Admission and Application Requirements may impact the length of services.